



Some of these events may not take place due to the restrictions put in place for the dreaded Lurgi-19!

June

30 - End of the SARL Financial Year;
World Asteroid Day

July

1 – start of SARL Financial year and subscriptions due
4 – SARL Newbie Party
5 – ZS5 Sprint
10 to 12 – Turbine Air Festival, Johannesburg
11 – RaDAR Challenge
11 and 12 – IARU HF Championships
15 - The Battle of Delville Wood Commemoration - 15 to 20 July 1916;
SARL 80 m Wednesday Club
18 - AMSAT SA Space Symposium;
Winter QRP contest
19 – ZS2 Sprint
21 – Highway ARC meeting
25 – CTARC AGM
25 and 26 – Islands on the Air Contest
29 and 30 - Delta Aquarids and Alpha Capricornids meteor showers

Results of the SARL Youth Sprint

Three logs from the Youth and sixteen logs from the not so young were received for the first leg of the SARL Youth Sprint. A Special word of thanks to Theunis Potgieter, ZS2EC who invited two Youngsters to his shack to participate in the Sprint!

1st Alistair Skudder (18), ZS6S – 20 points

2nd Jadeed Stemmet (13), ZS2ZU and Mishkaat Stemmet (17), ZS2ZU – 10 points each (operating under the supervision of Theunis, ZS2EC)

All logs

1st Woody Collett, ZS3WL – 60 points

2nd Helmar Otto, Zs1H – 39 points

3rd Sybrand Cillie, ZS1SJ – 30 points

4th Gary Ingle, ZS5GI – 25 points

5th Romeo Nardini, ZS6ARQ – 21 points

6th Alistair Skudder, ZS6S and Karin Andrew, ZS6MMA – 20 points

8th Anthony Walley, ZS6ARW – 14 points

9th Guy Eales, ZS6GUY – 11 points

10th Jadeed Stemmet (13), ZS2ZU and Mishkaat Stemmet (17), ZS2ZU – 10 points

12th Theunis Potgieter, ZS2EC – operating ZS2ZU and Anthony Rouquette, ZS6ANT – 8 points
14th Roy Walsh, ZS3RE and Jack Kotze, ZS6JJK – 6 points
16th Gerhard Gericke, ZS6CRS – 5 points
17th Eric Lewis, ZS5EL, Michael Spencer Wilson, ZS6MSW and Peet Greyling, ZS6PGN – 4 points

The PROVISIONAL results of the SARL 95 40 m Club Sprint

52 logs were submitted for the third leg of the SARL 95 40 m Club Sprint, with 3 logs indicating no Club, 1 log with no name or Club and 1 blank log! Thank you to all the participants who read the rules and those who sent in their logs as 'Call Sign 2020-SARL-95-40-m-Club-Sprint-log-and-summary-sheet.' 836 QSOs were made and 366 grid squares were worked.

Can I ask operators not to move around during the Sprint? Going through the logs, I noted that Woody, ZS3WL spent a lot of time in KF28, but also operated from Navassa Island FK28 and from a grid block that does not exist KV28. Romeo, ZS6ARQ was in KG33 for most of the time and then suddenly set up station in KF26 – Port Elizabeth. One station was grid hopping between JF95 and JF59. And Dave, ZS2DH became ZS6DH without the assistance of ICASA!

1st the West Rand ARC – 1 122 points (26 logs)
2nd the Bo-Karoo ARC – 468 points (7 logs)
3rd the Hibiscus ARC – 214 points (5 logs)
4th PEARS – 166 points (2 logs)
5th the Vrystaat ARC – 114 points (1 log)
6th the Boland ARC – 102 points (4 logs)
7th the Highway ARC – 48 points (1 log)
8th the Rustenburg Branch – 30 points (1 log)

After three legs

1st the West Rand ARC – 3 044 points
2nd the Bo-Karoo ARC – 938 points
3rd the Boland ARC – 604 points
4th the Hibiscus ARC – 432 points
5th the Magalies ARC – 414 points
6th PEARS – 328 points
7th the Vrystaat ARC – 138 points
8th the Noordkaap ARC -106 points
9th the Highway ARC – 86 points
10th the Centurion ARC – 68 points
11th the Rustenburg Branch – 54 points

The individual scores

1st Woody, ZS3WL – 134 points
2nd Theunis, ZS2EC (ZS1820S ???) and Johan, ZS4DZ – 114 points
4th Aldo, ZS4AL and Romeo, ZS6ARQ – 112 points
6th Karin, ZS6MMA – 98 points
7th Wayne, ZS1WBR – 90 points
8th Sid, ZS5H - 86 points
9th Andrew, ZS6AN and Anthony, ZS6ANT - 76 points
11th Pieter, ZS6XT - 66 points
12th Geoff, ZS6C - 58 points
13th Joe, ZS6JOE – 56 points (no Club)
14th Heather, ZS5YH – 54 points
15th Dave, ZS2DH, Veronica, ZR6TVK and Jack, ZS6JJK - 52 points

18th Helmar, ZS1H and Dave, ZS6ACC - 50 points
 20th Gary, ZS5GI – 48 points
 21st Cliff, ZS6BJU - 46 points
 22nd Tim, ZS5TIM and Kobus, ZS6BOS – 44 points
 24th Nic, ZR6AEZ and Simone, ZS6SIM – 42 points
 26th Wynand, ZS6WY and Johan, ZS6JBZ (no Club) - 38 points
 28th Phillip, ZS6PVT – 36 points
 29th Andrew, ZR6M, Gordon, ZS6AGE and Kevin, ZS6KVN – 32 points
 32nd Johan, ZS6JHN, Dienie, ZS6DNI and Danie, ZS6DPS – 30 points
 35th Jannie, ZS3CM, Jan, ZS6ALC, Andreas, ZS6ADU and Gerhard, ZS6CRS (no Club) – 28 points
 39th Nic, ZS1N – 26 points
 40th Christo, ZS1BOK – 24 points
 41st Thys, ZS1TBP and Sid, ZS5SID – 22 points
 43rd Stephen, ZS6SJR – 20 points
 44th Marius, ZS1ML and ZS6BTS (no name and no Club) – 18 points
 46th Stephen, ZS6STE, Vaughn, ZS6VLR and Lionel, ZS6DPL – 16 points
 49th Andre, ZS1F and Tommie, ZR6TOM – 10 points
 51st Gawie, ZS5R – 8 points
 52nd Brian, ZS5SB

African DX

Contacts with stations on the African continent count towards the SARL's All Africa Award
www.sarl.org.za/public/awards/awards.asp

Everything cancelled or postponed due to the dreaded Lurgi-19 circus?

African Islands

IOTA Frequencies

CW: 28 040 24 920 21 040 18 098 14 040 10 114 7 030 3 530 kHz

SSB: 28 560 28 460 24 950 21 260 18 128 14 260 7 055 3 760 kHz



Everything cancelled or postponed due to the dreaded Lurgi-19 circus?

Contest Calendar

This week's contests as compiled by Bruce Horn, WA7BNM. The period covered is 22 to 29 June 2020

10-10 Int. Spirit of 76 QSO Party
 00:01 UTC 29 June to 24:00 UTC 5 July
 Geographic Focus: Worldwide
 Participation: Worldwide
 Mode: CW, SSB, PSK31, RTTY, FM, AM
 Bands: 10 m Only
 Classes: Low Power; High Power; Club; Mobile
 Max power: HP: >150 watts; LP: 150 watts;
 QRP: 5 watts
 Exchange: 10-10 Member: Name, 10-10
 number and state, province or country; Non-
 Member: Name, 0 and state, province or
 country
 Work stations: Once per mode

QSO Points: 1 point per QSO with a non-
 member; 2 points per QSO with a 10-10
 member
 Multipliers: (none)
 Score Calculation: Total score = total QSO
 points
 Submit logs by: 13 July 2020
 E-mail logs to: dbmorris315@gmail.com
 Mail logs to: Dan Morris, KZ3T, 3162 Covington
 Way, Lenoir, NC 28645, USA
 Find rules at: www.ten-ten.org/Forms/Spirit.pdf
 QCX Challenge

13:00 - 14:00 UTC and 19:00 - 20:00 UTC 29 June and 03:00 - 04:00 UTC 30 June
 Geographic Focus: Worldwide
 Participation: Worldwide
 Mode: CW
 Bands: 160, 80, 40, 20, 15, 10 m
 Classes: Single Op
 Max power: HP: >5 watts; QRP: 5 watts
 Exchange: RST, name, state, province or country and rig
 Work stations: Once per band
 QSO Points: 3 points per QSO with QCX station; 1 point per QSO with non-QCX station
 Multipliers: (none)
 Score Calculation: Total score = total QSO points
 Submit logs by: 04:00 UTC 7 July 2020
 Post log summary at: www.3830scores.com
 Mail logs to: (none)
 Find rules at: www.grp-labs.com/party.html

Worldwide Sideband Activity Contest
 01:00 - 01:59 UTC 30 June
 Geographic Focus: Worldwide
 Participation: Worldwide
 Mode: SSB
 Bands: 160, 80, 40, 20, 15, 10, 6 m
 Classes: Single Op - QRP, low or high; Overlay: Youth (26 years old or younger); Youth YL (female 26 years old or younger); YL (female older than 26 years)
 Max power: HP: 1 500 watts; LP: 100 watts; QRP: 5 watts
 Exchange: RS and age group (OM, YL, Youth YL or Youth)
 Work stations: Once per band
 QSO Points: 1 point per QSO with OM; 5 points per QSO with YL; 10 points per QSO with Youth; 15 points per QSO with Youth YL
 Multipliers: Each DXCC once per band
 Score Calculation: Total score = total QSO points x total mults
 Submit logs by: 01:59 UTC 1 July 2020
 E-mail logs to: logs@wwsac.com
 Mail logs to: (none)
 Find rules at: <https://wwsac.com/rules.html>

RTTYOPS Week Sprint
 17:00 - 19:00 UTC 30 June
 Geographic Focus: Worldwide
 Participation: Worldwide

Mode: RTTY
 Bands: 80, 40, 20 m
 Classes: Single Op
 Max operating hours: 2 hours
 Exchange: other station's call, your call, serial no and your name
 Work stations: Once per band
 QSO Points: 1 point per QSO
 Multipliers: (none)
 Score Calculation: Total score = total QSO points
 Submit logs by: 23:59 UTC 7 July 2020
 E-mail logs to: rtty-week-tuesday@nrmlcontest.no
 Mail logs to: (none)
 Find rules at: <https://rttyops.wordpress.com/rtty-mini-contests/rttyops-Week-Sprint/>



RAC Canada Day Contest
 00:00 - 23:59 UTC 1 July
 Geographic Focus: Worldwide
 Participation: Worldwide
 Mode: CW, Phone
 Bands: 160, 80, 40, 20, 15, 10, 6, 2 m
 Classes: Single Op All Band - low or high; Single Op All Band CW; Single Op All Band Phone; Single Op QRP; Single Op Single Band; Single Op Single Band QRP; Multi-Single - low or high; Multi-Multi
 Max power: HP: >100 watts; LP: 100 watts; QRP: 5 watts
 Exchange: VE: RS(T) and province/territory; non-VE: RS(T) and serial no
 Work stations: Once per band per mode
 QSO Points: 2 points per QSO with non-VE stations; 10 points per QSO with VE stations; 20 points per QSO with RAC stations
 Multipliers: Each VE province/territory once per band per mode
 Score Calculation: Total score = total QSO points x total mults

Submit logs by: 31 July 2020
 E-mail logs to: canadaday@rac.ca
 Mail logs to: Radio Amateurs of Canada, 720
 Belfast Road, Suite 217, Ottawa, Ontario K1G
 0Z5, Canada
 Find rules at: <https://wp.rac.ca/rac-canada-day-contest-rules-2020/>

Phone Fray
 02:30 - 03:00 UTC 1 July
 Geographic Focus: North America
 Participation: Worldwide
 Mode: SSB
 Bands: 160, 80, 40, 20, 15 m
 Classes: Single Op
 Max power: 100 watts
 Exchange: NA: Name and state, province or
 country; non-NA: Name
 Work stations: Once per band
 QSO Points: NA station: 1 point per QSO; non-
 NA station: 1 point per QSO with an NA station
 Multipliers: Each US state (including KH6/KL7)
 once per band; Each VE province/territory
 once per band; Each North American country
 (except W/VE) once per band
 Score Calculation: Total score = total QSO
 points x total mults
 Submit logs by: 03:00 UTC 3 July 2020
 E-mail logs to: (none)
 Post log summary at: www.3830scores.com
 Mail logs to: (none)
 Find rules at:
www.perluma.com/Phone_Fray_Contest_Rule_s.pdf

CWops Mini-CWT Test
 13:00 - 14:00 UTC and 19:00 - 20:00 UTC 1 July
 and 03:00 - 04:00 UTC 2 July
 Geographic Focus: Worldwide
 Participation: Worldwide
 Awards: Worldwide
 Mode: CW
 Bands: 160, 80, 40, 20, 15, 10 m
 Classes: Single Op - QRP, low or high
 Max power: HP: >100 watts; LP: 100 watts;
 QRP: 5 watts
 Exchange: Member: Name and member no;
 non-Member: Name and state, province or
 country
 Work stations: Once per band
 QSO Points: 1 point per QSO

Multipliers: Each call once
 Score Calculation: Total score = total QSO
 points x total mults
 Submit logs by: 04:00 UTC 4 July 2020
 Post log summary at: www.3830scores.com
 Mail logs to: (none)
 Find rules at: <https://cwops.org/cwops-tests/>

NRAU 10 m Activity Contest
 18:00 - 19:00 UTC (CW) and 19:00 - 20:00 UTC
 (SSB) and 20:00 - 21:00 UTC (FM) and 21:00 -
 22:00 UTC 2 July (Dig)
 Geographic Focus: Nordic Europe
 Participation: Worldwide
 Mode: CW, SSB, FM, Digital
 Bands: 10 m Only
 Classes: (none)
 Exchange: RS(T) and 6-character grid square
 QSO Points: (see rules)
 Multipliers: (none)
 Score Calculation: Total score = total QSO
 points
 Submit logs by: 16 July 2020
 Upload log at:
http://ua9qcq.com/en/submit_log.php?lang=en
 Mail logs to: (none)
 Find rules at: www.nrau.net/activity-contests/below-30mhz.html

RTTYOPS Week Sprint
 17:00 - 19:00 UTC 2 July
 Geographic Focus: Worldwide
 Participation: Worldwide
 Mode: RTTY
 Bands: 80, 40, 20 m
 Classes: Single Op
 Max operating hours: 2 hours
 Exchange: other station's call, your call, serial
 no. and your name
 Work stations: Once per band
 QSO Points: 1 point per QSO
 Multipliers: (none)
 Score Calculation: Total score = total QSO
 points
 Submit logs by: 23:59 UTC 9 July 2020
 E-mail logs to: rtty-week-thursday@nrmlcontest.no
 Mail logs to: (none)

Find rules at:

<https://rttyops.wordpress.com/rtty-mini-contests/rttyops-Week Sprint/>

SKCC Sprint Europe

19:00 - 21:00 UTC 2 July

Geographic Focus: Europe

Participation: Worldwide

Mode: CW

Bands: 160, 80, 40, 20, 15, 10, 6 m

Classes: (none)

Exchange: RST, state, province or country, name and SKCC no or power

Work stations: Once per band

QSO Points: (see rules)

Multipliers: Each state, province, or country once

Score Calculation: Total score = (total QSO points x total mults) and bonus points

Submit logs by: 9 July 2020

E-mail log summary to: (none)

Post log summary at:

www.skccgroup.com/operating_activities/skse/submit-display.php?submit_id=165

Mail logs to: (none)

Find rules at:

www.skccgroup.com/operating_activities/skse/

QRP Fox Hunt

01:00 - 02:30 UTC 3 July

Geographic Focus: United States

Participation: Worldwide

Mode: CW

Bands: 20 m Only

Classes: Single Op – fox or hound

Max power: 5 watts

Exchange: RST, state, province or country, name and power output

QSO Points: 1 point per QSO

Multipliers: (none)

Score Calculation: Total score = total QSO points

Submit logs by: 02:30 UTC 4 July 2020

E-mail logs to: (see rules)

Mail logs to: (none)

Find rules at:

www.qrpfoxhunt.org/summer_rules.htm

NCCC RTTY Sprint

01:45 - 02:15 UTC 3 July

Geographic Focus: North America

Participation: Worldwide

Mode: RTTY

Bands: (see rules)

Classes: (none)

Exchange: Serial no, name and QTH

Score Calculation: Total score = total QSO points x total mults

Submit logs by: 5 July 2020

E-mail logs to: (none)

Post log summary at: www.3830scores.com/

Mail logs to: (none)

Find rules at: www.ncccsprint.com/rttyns.html

NCCC Sprint

02:30 - 03:00 UTC 3 July

Geographic Focus: North America

Participation: Worldwide

Mode: CW

Bands: (see rules)

Classes: (none)

Exchange: Serial no, name and QTH

Score Calculation: Total score = total QSO points x total mults

Submit logs by: 5 July 2020

E-mail logs to: (none)

Post log summary at: www.3830scores.com/

Mail logs to: (none)

Find rules at: www.ncccsprint.com/rules.html

FISTS Summer Slow Speed Sprint

00:00 - 04:00 UTC 4 July

Geographic Focus: United States/Canada

Participation: Worldwide

Awards: United States/Canada

Mode: CW

Bands: 80, 40, 20, 15, 10 m

Classes: QRP; QRO; Club

Max power: QRO: 100 watts; QRP: 5 watts

Exchange: FISTS: RST, state, province or country, first name and FISTS no; non-FISTS: RST, state, province or country, first name and power

Work stations: Once per band

QSO Points: 5 points per QSO with FIST member; FIST members: 2 points per QSO with non-FIST member

Multipliers: Each US state and VE province once; Each DXCC country once

Score Calculation: Total score = total QSO points x total mults

Submit logs by: 18 July 2020
E-mail logs to: w2dab@fistsna.org
Mail logs to: FISTS Sprint Log, c/o Dave
Bamford, W2DAB, 444 East 75 Street, 16F,
New York, NY 10021, USA
Find rules at:
<http://fistsna.org/operating.html#sprints>

YBDXC 80 m Contest
09:00 UTC 4 July to 08:59 UTC 5 July
Participation: Worldwide
Mode: SSB
Bands: 80 m Only
Classes: Single Op
Exchange: RS and serial no
QSO Points: 3 points per QSO with same
continent; 5 points per QSO with different
continent; 50 points per QSO with YB station
Multipliers: Each callsign prefix once; Each
DXCC country once
Score Calculation: Total score = total QSO
points x total mults
Submit logs by: 08:59 UTC 12 July 2020
E-mail logs to: (none)
Upload log at: [http://80](http://80.m.ybdxcontest.com/logs/log-submission/)
[m.ybdxcontest.com/logs/log-submission/](http://80.m.ybdxcontest.com/logs/log-submission/)
Mail logs to: (none)
Find rules at: <http://80.m.ybdxcontest.com/>

DL-DX RTTY Contest
11:00 UTC 4 July to 10:59 UTC 5 July
Geographic Focus: Worldwide
Participation: Worldwide
Mode: RTTY
Bands: 80, 40, 20, 15, 10 m
Classes: Single Op Multi-Band Single Radio;
Single Op Multi-Band 6 Hrs Single Radio; Single
Op Multi-Band Dipole Single Radio; Single Op
Multi-Band Dipole 6 Hrs Single Radio; Single Op
Multi-Band; Multi-Single; Multi-Multi
Exchange: RST and QSO no
Work stations: Once per band
QSO Points: 5 points per QSO with same
country; 10 points per QSO with different
country same continent; 15 points per QSO
with different continent; EU Stations: Add 3
QSO points for QSO with DL station; non-EU
Stations: Add 5 QSO points for QSO with DL
station
Multipliers: Each DXCC country once per band;
Each VK, VE, JA and W call area once per band

Score Calculation: Total score = total QSO
points x total mults
Submit logs by: 12 July 2020
E-mail logs to: logs@drcg.de
Mail logs to: (none)
Find rules at: [www.drcg.de/dldxrtty/dl-dx-rtty-](http://www.drcg.de/dldxrtty/dl-dx-rtty-english.html)
[english.html](http://www.drcg.de/dldxrtty/dl-dx-rtty-english.html)

Marconi Memorial HF Contest
14:00 UTC 4 July to 14:00 UTC 5 July
Geographic Focus: Worldwide
Participation: Worldwide
Mode: CW
Bands: 160, 80, 40, 20, 15, 10 m
Classes: Single Op All Band - QRP, low or high;
Single Op Single Band – high; Multi-Op
Max power: HP: >100 watts; LP: 100 watts;
QRP: 5 watts
Exchange: RST and serial no
QSO Points: 1 point per QSO
Multipliers: Each CQ WW country once per
band
Score Calculation: Total score = total QSO
points x total mults
Submit logs by: 14:00 UTC 19 July 2020
E-mail logs to: (none)
Upload log at: www.arifano.it/uplog.php
Mail logs to: (none)
Find rules at:
www.arifano.it/contest_marconi.html

Original QRP Contest
15:00 UTC 4 July to 15:00 UTC 5 July
Geographic Focus: Worldwide
Participation: Worldwide
Mode: CW
Bands: 80, 40, 20 m
Classes: Single Op – VLP, QRP or MP –
handmade or open
Max operating hours: 15 hours
Max power: VLP: 1 W; QRP: 5 W; MP: 20 W
Exchange: RST, serial no, "/" and power
category
QSO Points: QSO with station who submits log:
4 points; QSO with station that does not
submit log: 1 point; 15% bonus for use of
TR/TRX assembled from kit; 30% bonus for use
of unique handmade TR/TRX
Multipliers: DXCC Countries: 2 mult points if
station submits log, 1 mult point if no log

Score Calculation: Total score = total QSO points x total mult points
Submit logs by: 31 July 2020
E-mail logs to: oqrpc@qrpcc.de
Mail logs to: Lutz Gutheil, DL1RNN, Bergstrasse 17, D-38446 Wolfsburg, Germany
Find rules at:
www.qrpcc.de/contestrules/oqrpr.html

PODXS 070 Club 40 m Firecracker Sprint
20:00 UTC 4 July to 20:00 UTC 5 July
Geographic Focus: Worldwide
Participation: Worldwide
Mode: PSK31
Bands: 40 m Only
Classes: QRP; Low Power; Medium Power High Power
Max operating hours: 6
Max power: High Power: 100 watts; Medium Power: 50 watts; Low Power: 25 watts
QRP: 5 watts
Exchange: RST and state, province or country
QSO Points: 1 point/QSO
Multipliers: Each state, province and DXCC country once only

Score Calculation: Total score = total QSO points x total mults
Submit logs by: 12 July 2020
Upload log at: www.podxs070.com/
Mail logs to: (none)
Find rules at: www.podxs070.com/o70-club-sponsored-contests/40m-firecracker-sprint

RSGB 80 m Club CW Championship
19:00 – 20:30 UTC 6 July
Geographic Focus: United Kingdom
Participation: Worldwide
Awards: United Kingdom
Mode: CW
Bands: 80 m Only
Classes: (none)
Exchange: RST and serial no
QSO Points: 1 point per QSO
Multipliers: (none)
Score Calculation: (see rules)
Submit logs by: 23:59 UTC 7 July 2020
Upload log at: www.rsgbcc.org/cgi-bin/hfenter.pl
Mail logs to: (none)
Find rules at:
www.rsgbcc.org/hf/rules/2020/r80_mcc.shtml

Next Week's Contests

ARS Spartan Sprint, 01:00 - 03:00 UTC 7 July
Worldwide Sideband Activity Contest, 01:00 - 01:59 UTC 7 July
RTTYOPS Week Sprint, 17:00 - 19:00 UTC 7 July
Phone Fray, 02:30 - 03:00 UTC 8 July
CWops Mini-CWT Test, 13:00 - 14:00 UTC and 19:00 - 20:00 UTC 8 July and 03:00 - 04:00 UTC 9 July
RTTYOPS Week Sprint, 17:00 - 19:00 UTC 9 July
QRP Fox Hunt, 01:00 - 02:30 UTC 10 July
NCCC RTTY Sprint, 01:45 - 02:15 UTC 10 July
NCCC Sprint, 02:30 - 03:00 UTC 10 July
FISTS Summer Unlimited Sprint, 00:00 - 04:00 UTC 11 July
SKCC Weekend Sprintathon, 12:00 UTC 11 July to 24:00 UTC 12 July
IARU HF World Championship, 12:00 UTC 11 July to 12:00 UTC 12 July
QRP ARCI Summer Homebrew Sprint, 20:00 - 23:00 UTC 12 July
4 States QRP Group Second Sunday Sprint, 00:00 - 02:00 UTC 13 July
Worldwide Sideband Activity Contest, 01:00 - 01:59 UTC 14 July
RTTYOPS Week Sprint, 17:00 - 19:00 UTC 14 July

Items used with acknowledgement to the ARRL Letter, the ARRL DX News, the ARRL Contest Update, OPDX Bulletin, 425 DX Bulletin, DXNL Newsletter, WIA-News, the RSGB News, DxCoffee, Southgate ARC News, DX World and the Amateur Radio Newsletter